

September sees us in and around Ifold for an easy 2.5 mile walk. This one is ideal for visiting friends and large and small children alike with open tracks (quiet lanes) most of the way.

- Begin at Ifold Garage and continue down Hogwood Road with the garage on your left.
- When you see a finger post by the side of the road, turn right down Ifold Bridge Lane (signed to The Ranch). Stay on this to walk up the driveway of Southlands and stay ahead to reach the canal. Turn left to walk alongside the canal with it on your right.
- At the next footpath finger post, at the site of the old Gennets Lock, turn left on the Sussex Border Path. Cross the stile in to the little field and stay ahead to enter the woodland area soon to go through a small pedestrian gate and over some wooden walkways.
- Skirting a large property on your left, continue to exit the woodland via a kissing gate out on to Poundfield Lane. Turn left and stay on this lane until you pass a ribbon shape pond on your left. Immediately fork left off the road on to a path to almost immediately meet another lane. Turn right on this one.
- Continue down this lane (Hogwood Road) to eventually bring you back out to Ifold Garage.

If you would like to explore further the breathtakingly beautiful countryside to be found in West Sussex, have a look at [www.b-footloose.co.uk](http://www.b-footloose.co.uk) to discover how to get away for a weekend for a tailor made break incorporating guided or unguided walks and accommodation arranged for you. Or email me at [walks@b-footloose.co.uk](mailto:walks@b-footloose.co.uk) for advice or suggestions for any walks – guided or unguided.