

This walk incorporates a visit to the River Arun and the Wey and Arun Canal south of Wisborough Green. I parked in the “car park” near to the Malthouse Lakes, around a mile down the Fittleworth Road (the first road on the left as you leave Wisb Grn heading west on the A272). It is not marked but is shortly after Aurora Fireworks. This walk is around 3.5miles.

- Begin by walking out of the car park and heading left down the lane. After crossing the small bridge over the stream, turn left down the driveway of Shipbourne Farm.
- Before the driveway/track goes uphill, take the left hand track signed as a bridlepath. Continue until you reach a metal five bar gate on your right. Go through this to walk alongside a field with open views to your left.
- As you approach another metal gate, fork left and through the pedestrian gate into the field on your left. Keep to the right hand edge of the field.
- Continue in to the next field, the river over to your right, and in to the next, Harsfold Manor in view over to your left.
- Having passed the Manor house and upon reaching a crossing track, turn right to walk down to the river via a gate. Cross over the bridge over the Arun and continue ahead down to the canal. Turn right to walk along the “towpath”, the canal on your left.
- Continue until you reach Haybarn Swing Bridge. Turn right over the footbridge re-crossing the Arun and stay ahead to cross the field to then go in to another. Following the obvious route over the small fields heading to the left of the house you see ahead of you.
- Go through the gateway in front of the house and on to the driveway/track. Continue down this track to eventually bring you back on to the Fittleworth Road once more.
- Turn right to shortly reach the Malthouse Lakes car park.